

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Clay County**

| | County Prevalence (%)* | K.C. Metro Region Prevalence (%)* | State Prevalence (%)* |
|--|------------------------------|---|-----------------------------|
| G eneral | | | |
| Health Status (Fair or Poor) | 13.0 | 15.2 | 16.9 |
| No Health Coverage | 6.8 L | 10.3 | 12.3 |
| B ehavioral Risk Factors | | | |
| Physical Inactivity | 20.6 | 25.9 | 23.0 |
| Current Smoker | 22.1 | 23.4 | 26.5 |
| Overweight (BMI 25-29.9) | 31.5 | 35.6 | 35.3 |
| Obese (BMI ≥ 30) | 32.0 | 27.4 | 23.4 |
| D isease and Conditions | | | |
| High Blood Pressure | 27.4 | 27.9 | 28.5 |
| High Cholesterol (35 years or older) | 37.2 | 43.3 H | 37.3 |
| Asthma | 11.3 | 12.7 | 10.7 |
| Diabetes | 4.7 | 6.8 | 7.2 |
| Activity Limitation | 14.2 | 18.7 | 17.8 |
| C ancer Screening | | | |
| Women | | | |
| Never had a Mammogram | 17.5 | 13.0 | 13.4 |
| No Mammogram or Clinical Breast Exam in Last Year: | | | |
| 40-49 years of age | 58.1 | 48.0 | 49.4 |
| 50-64 years of age | 17.3 | 40.4 | 35.9 |
| 65 and older | 38.3 | 43.7 | 47.4 |
| Never had a Pap Test: | | | |
| 18-69 years of age | 2.4 | 3.3 | 5.1 |
| 70 and older | 2.6 | 3.1 | 6.4 |
| No Pap Test in Last Year (18-29) | 12.7 | 23.5 | 25.8 |
| No Pap Test in Last 3 Years (30-69) | 12.3 | 9.1 | 13.8 |
| Men and Women 50 Years or Older | | | |
| Blood Stool Test: | | | |
| Never had a Blood Stool Test | 51.9 | 46.2 L | 57.0 |
| No Blood Stool Test in Last Year | 68.4 | 72.0 | 77.5 |
| Sigmoidoscopy/Colonoscopy | | | |
| Never had a Sigmoidoscopy or Colonoscopy | 40.8 | 40.8 | 49.2 |
| No Sigmoidoscopy or Colonoscopy in Past Five Years | 49.2 | 48.8 | 57.0 |

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

■ H indicates that the prevalence rate is significantly above the state prevalence

■ L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Clay county were obtained by combining data from Clay and Platte counties.